The navigation on the website can be confusing, so follow the steps below.

1. Go to <http://www.oneness.vu.lt/>.

This is a program for people who want to begin learning Estonian, Finnish, Lithuanian**, Polish** or Portuguese. It has been financed in part by the European Union and other partners, but, for some reason, it has not been fully developed by its co-authors. Thus, some links or exercises may not work; still, there is plenty of TEXT and AUDIO material. I think that the website can serve you well (there are no ads!).

2. Go to <http://www.oneness.vu.lt/en/>, read the page and watch a short Learners Guide movie.

3. Then open <http://www.oneness.vu.lt/pl/>:



You will see the picture above. There are five "places" 🡪 click the "Language School". You will check the other places later, but the **"Language School" is your core**.

4. Now you will see the picture below:

- Choose lesson - ⮟

 

5. You will be choosing lessons 1-10 using the box **on your right**. So your next screen will appear as follows:

- Lesson 1- ⮟

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| [Contents](http://www.oneness.vu.lt/lesson1/) | http://www.oneness.vu.lt/.gif | http://www.oneness.vu.lt/images/menu_bullet.gif | [Vocabulary](http://www.oneness.vu.lt/lesson1/vocabulary/) | http://www.oneness.vu.lt/.gif | http://www.oneness.vu.lt/images/menu_bullet.gif | [Grammar](http://www.oneness.vu.lt/lesson1/grammar/) | http://www.oneness.vu.lt/.gif | http://www.oneness.vu.lt/images/menu_bullet.gif | [Reading](http://www.oneness.vu.lt/lesson1/reading/) | http://www.oneness.vu.lt/.gif | http://www.oneness.vu.lt/images/menu_bullet.gif | [Listening](http://www.oneness.vu.lt/lesson1/listening/) | http://www.oneness.vu.lt/.gif | http://www.oneness.vu.lt/images/menu_bullet.gif | [Speaking](http://www.oneness.vu.lt/lesson1/speaking/) | http://www.oneness.vu.lt/.gif | http://www.oneness.vu.lt/images/menu_bullet.gif | [Writing](http://www.oneness.vu.lt/lesson1/writing/) | http://www.oneness.vu.lt/.gif | http://www.oneness.vu.lt/images/menu_bullet.gif | [Exercises](http://www.oneness.vu.lt/lesson1/exercises/) | http://www.oneness.vu.lt/.gif | http://www.oneness.vu.lt/images/menu_bullet.gif | http://www.oneness.vu.lt/images/knyga.gif | http://www.oneness.vu.lt/.gif |

and so on….